

Ex-Bench

Add a whole new dimension of strengthening exercises with the specialist-designed, multi-purpose Ex-Bench. Ideal for all ages. Combine it with the Fitness Workout or as a standalone piece.



Safety, Quality, Durability and Usability

- Compliant with NZ, Australian and European Safety Standards
- Hot Dip Galvanised after fabrication. Colour Powdercoating optional extra
- Rotational-moulded UV Stabilised Plastic Flange and End Covers

Recommended Area Size

4500mm x 5000mm

Safety Surfacing is recommended however may not be mandatory.

Developmental Benefits

- AGL
- BAL
- CO-ORD
- FMS
- GMS
- SD