



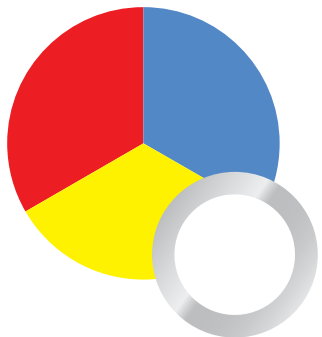
# Create your own playground in 5 simple steps

**1** Choose your age range

Tick all applicable:

4-5 years     6-7 years     8-10 years     11-12 years     13+ years

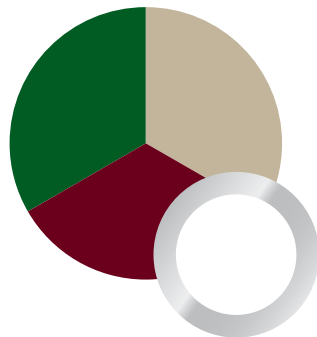
**2** Choose your colours



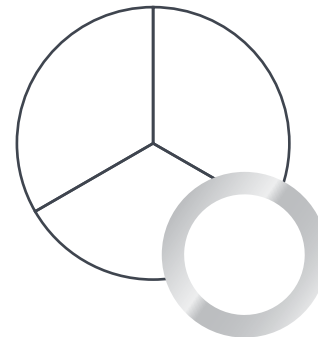
Simple and Fun



Modern and Edgy



Environmental



Choose your own colours!



# 3

## Choose your equipment

Tick the type of activities you would like to do in your playground

### Balancing



Spring rocker



Stepping logs



Bouncing net



Seesaw

### Climbing



Climbing nets



Ropes



Ladders



Rock walls

### Sliding, swinging & spinning



Fast slide



Tube slide



Tunnels



Swings



Spinners

### Socialising



Basket swings



Tree hut



Sand play



Musical instruments



Water play

### Fitness



Chin up bar



Up & Over Ninja



Monkey bar



Ninja wall

# 4

## What parts of the body do you want to use



### Shoulders

Important for lifting.



### Upper and back of arms

To handle the monkey bars or throw a ball hard and fast with ease!



### Chest

To push myself up, and for activities like surfing.



### Quads

To ski, skate, or surf like a champion (or to be a mountain climber)!



### Hamstrings

To slam dunk and high jump.



### Neck

To ensure my head is always aligned with my body (and for looking around).



### Back

For good posture forever.



### Abs

Support my back to do everything (and for riding a horse or even a bull).



### Glutes

Cycle de tour.



### Lower legs and calves

Give me a spring and speed in my step!







Draw a picture of your perfect playground